



## CASIMIR PULASKI SCHOOL

### 2022 Spring Track

MAYOR MIKE SPANO and the City of Yonkers Department of Parks, Recreation and Conservation

Pulaski Community,

Ms. Evans and Ms. Keller in conjunction with the Wellness Committee in our efforts to continue to promote a healthy lifestyle, encourage Pulaski students ages 5-14 who would like to participate in the Yonkers Parks and Recreation Track Meet at Roosevelt High School. There is no fee to participate and some awards/prizes will be handed out from the department of Recreation.

We are excited to attend the events the first of which will take place Saturday, April 30th. Registration begins at 8:15am and the event starts at 8:30am. For those interested please complete and sign the attached waver form and return it to Ms. Evans or Ms. Keller by April 27, 2022 so we know how many students will be attending the event.

PARENTS ARE REQUIRED TO TRANSPORT THEIR CHILD TO AND FROM THE EVENT AND ARE REQUIRED TO STAY.

Students should wear their Pulaski shirt/sweatshirt, running shoes, comfortable socks, and please bring water. We are excited to be attending these events and look forward to seeing you all there.

Hope to see you all there





1.

**PARTICIPANT WAIVER, RELEASE, AND INDEMNITY**

Name of Participant (please print): \_\_\_\_\_ Age: \_\_\_\_\_

School \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Activity and Location: **City of Yonkers Department of Parks, Recreation and Conservation Track Meet – Roosevelt High School**

I, the undersigned participant, agree to participate in the activity described above for the City of Yonkers ("City").

I know of no reason, medical or otherwise, that would prevent me from performing the tasks required to participate in this activity.

I assume all risks of participating in this activity and full responsibility for my conduct and actions, including any injury to myself or others or damage to property that may result while participating in the above activity, and I understand that the City is not responsible for conditions that I create myself or those created by other for participants.

I, binding my heirs, executors, administrators and assigns, hereby agree to release, hold harmless and indemnify the City, its officers, elected officials, employees, agents and participants from and against any and all loss, damage, expense or cost (including attorneys' fees) of any kind for injuries (including property damage, personal injury, disability and death) arising out of or in connection with my participation in this activity.

I hereby grant the City permission to publish my image including any photographs or videos thereof, for the limited non-commercial use of promoting the City on the City's website, other social media outlets, print, and television media.

I (or Parent/Legal Guardian if participant is under age 18) have carefully read this release and understand and agree with all of its terms and conditions.

Signature of Participant or of Parent/Legal Guardian and Date (if participant is under age 18)-

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_